

# Metaverse-Based Meditation Training and Practice

The 3<sup>rd</sup> Seoul International Meditation Expo

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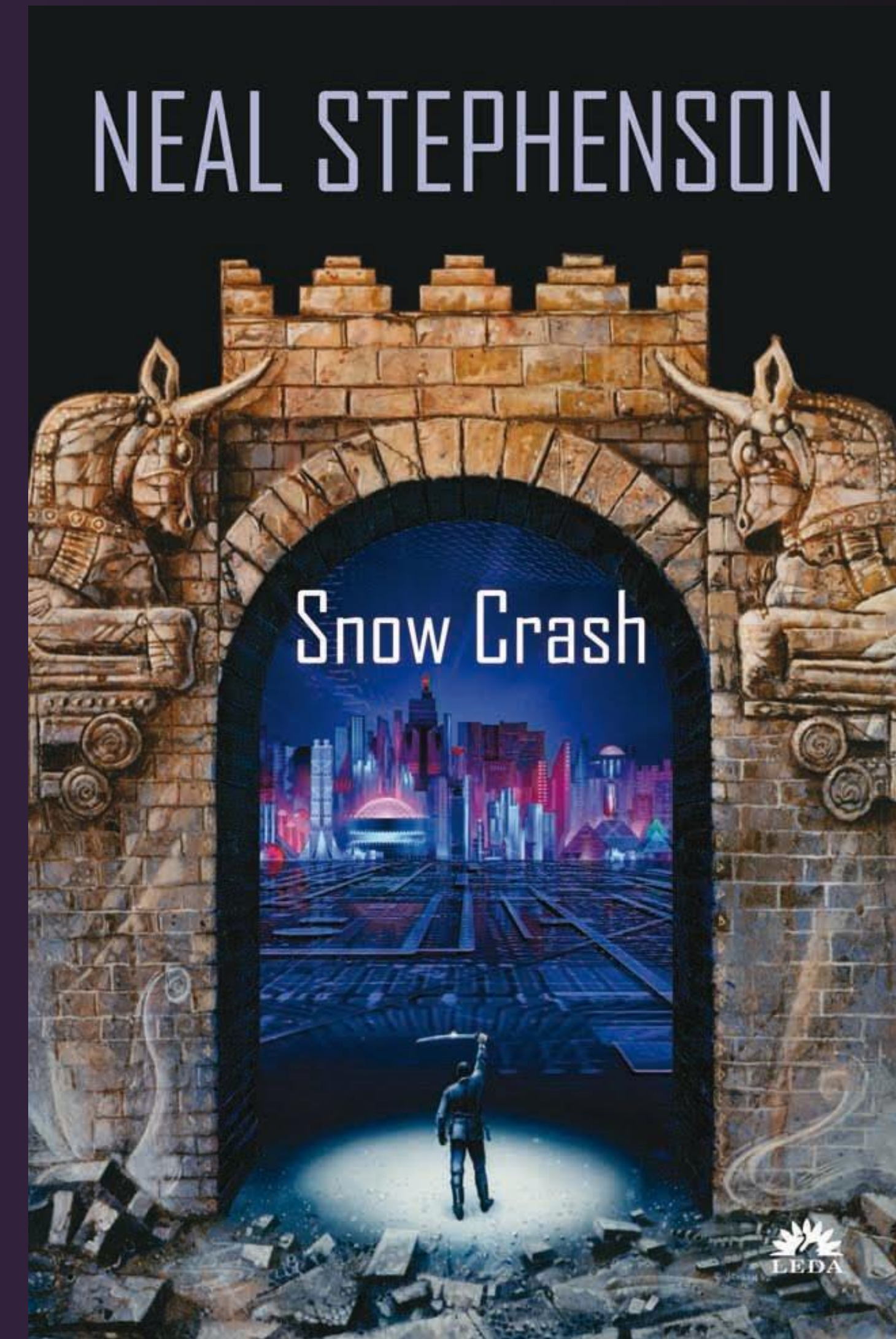


# The metaverse is coming.

The term metaverse is a compound word of  
“meta” and “universe.”

Meaning transcendental or virtual world

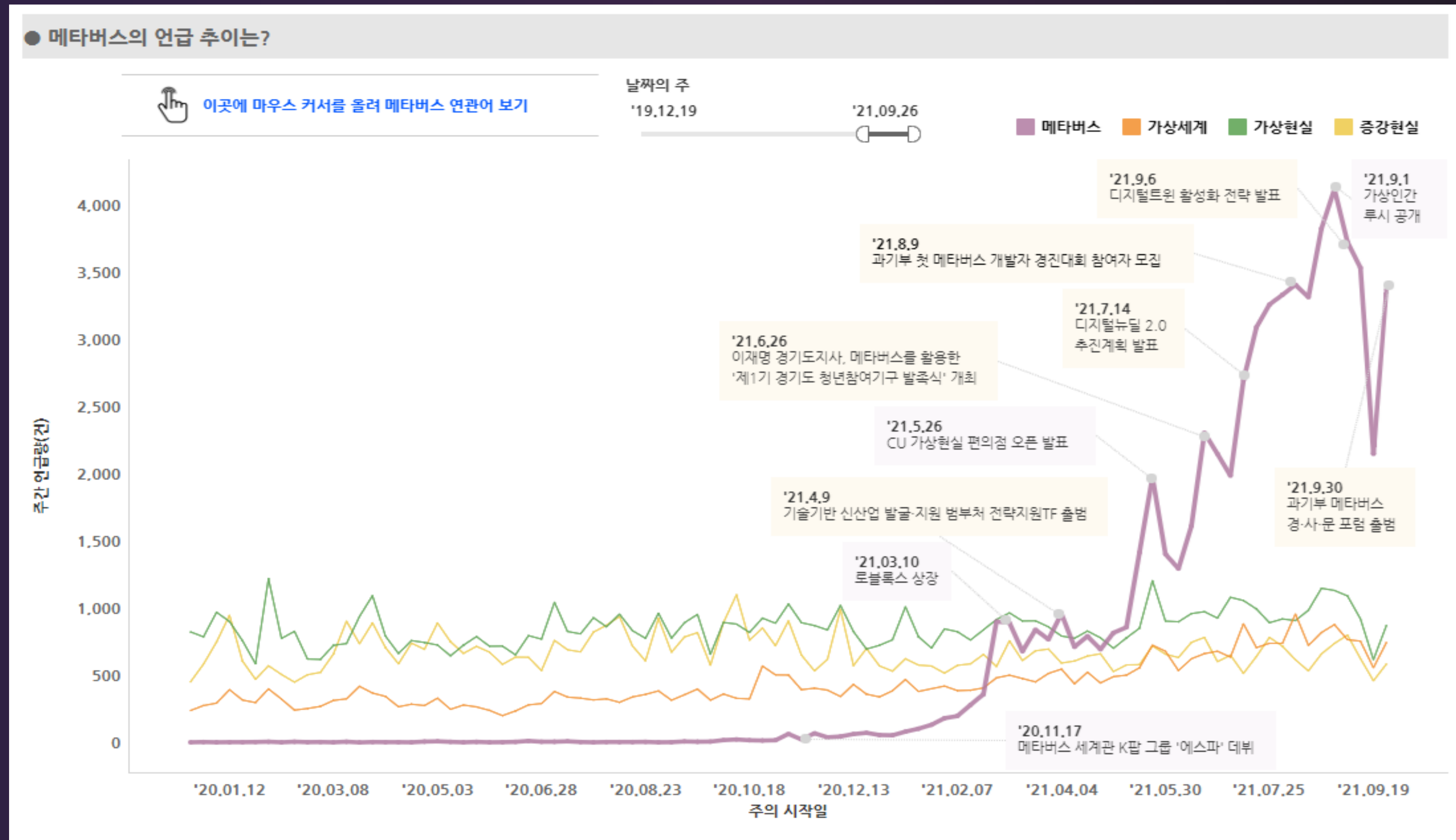
“A 3D virtual world where users can engage  
in social/economic activities as in real  
world”



A science fiction published in 1992

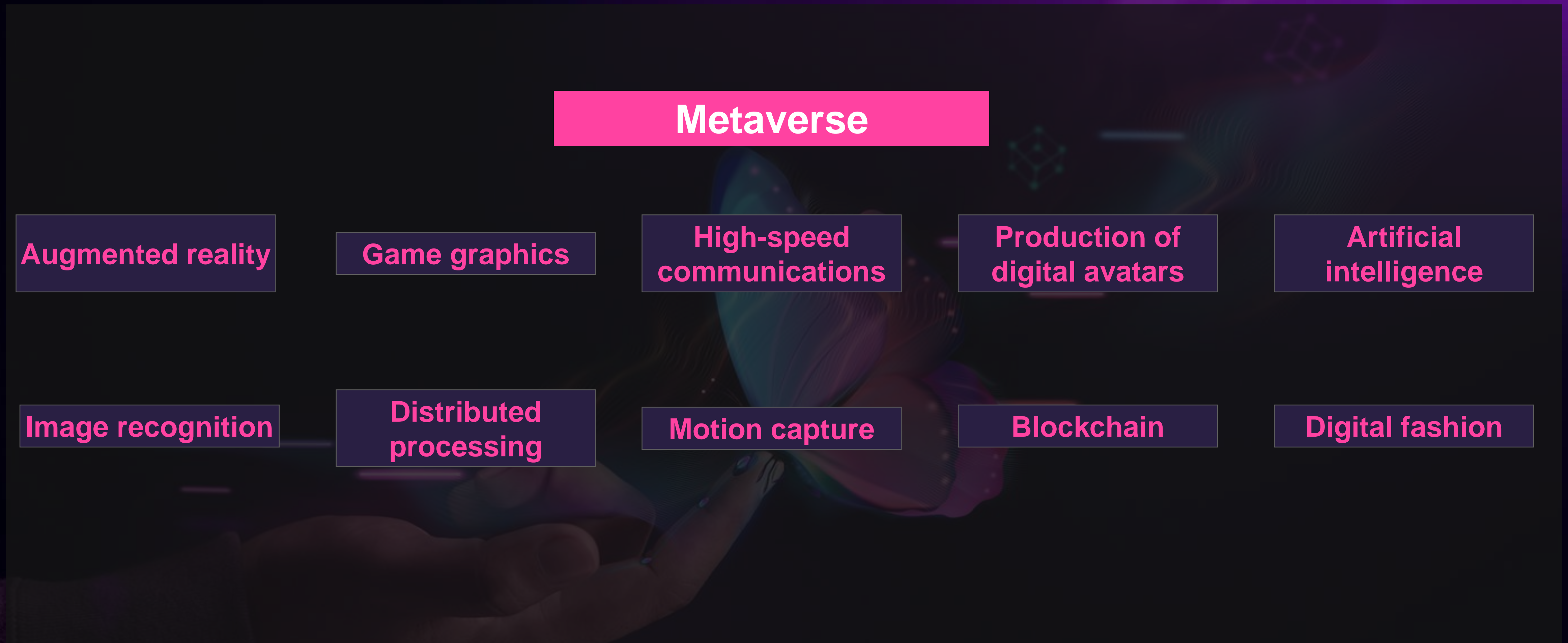


# Shift of Metaverse References by Media



자료: KDI 경제정보리뷰, <https://eiec.kdi.re.kr/publish/reviewView.do?idx=81&fcode=000020003600005&ridx=7>, (접속일: 2022.06.09.)

# Metaverse is an umbrella term





# XR, VR, AR, MR

Extended reality, virtual reality, augmented reality, mixed reality



**AR**



**VR**



**MR**

Visual expressions on diverse digital realities  
출처 : Magic Leap 재구성



# VR HMD (1)

## 3D effect based on stereoscopic imaging

By presenting slightly different images to the left and right lenses of a VR device, one has an illusion of seeing 3D images.



민족문제연구소, <https://www.minjok.or.kr/archives/87966>

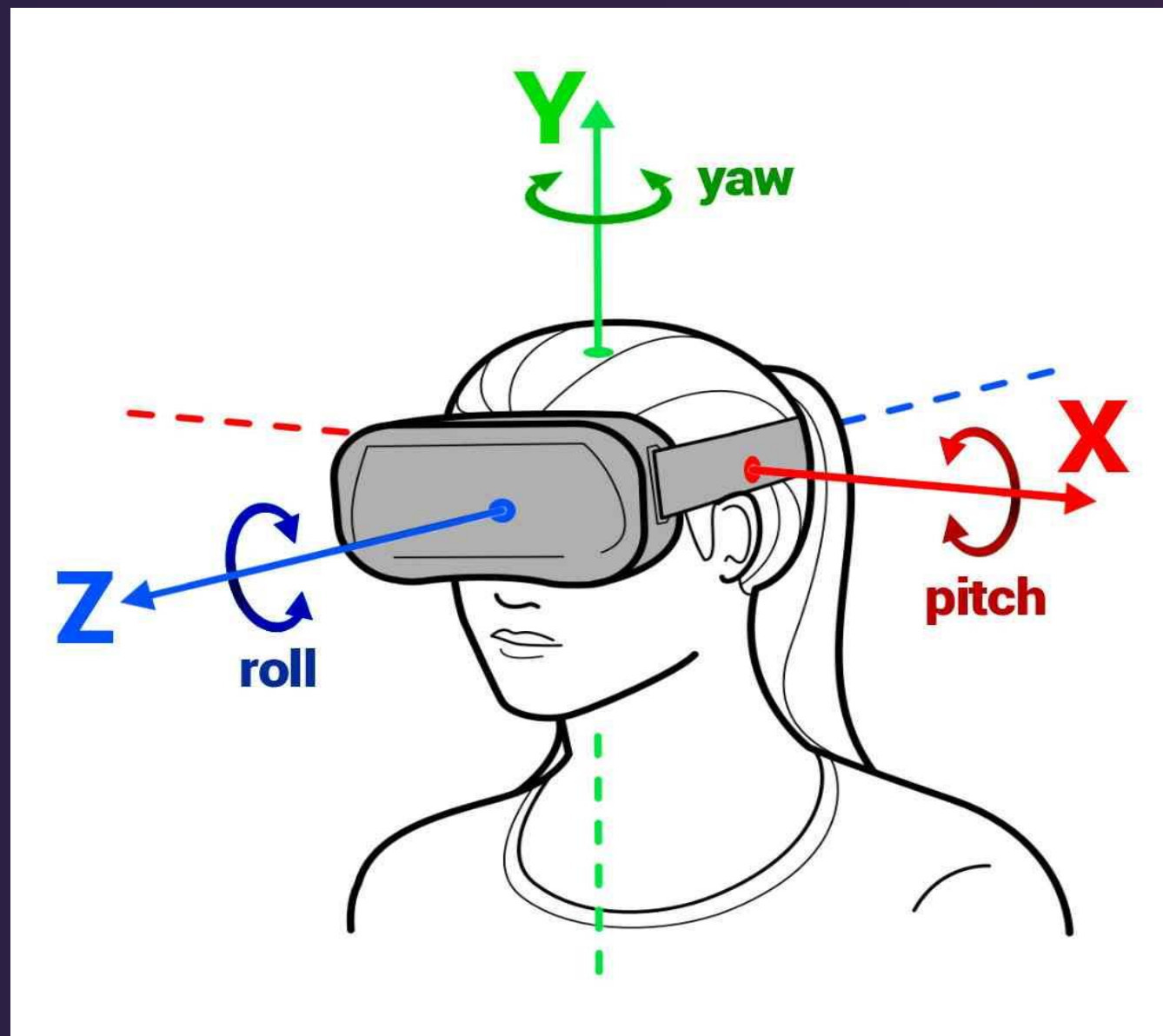


<https://m.blog.naver.com/PostView.naver?isHttpsRedirect=true&blogId=jexim&logNo=221143569824>





# VR HMD (2)



Principles of image shifting, oculus

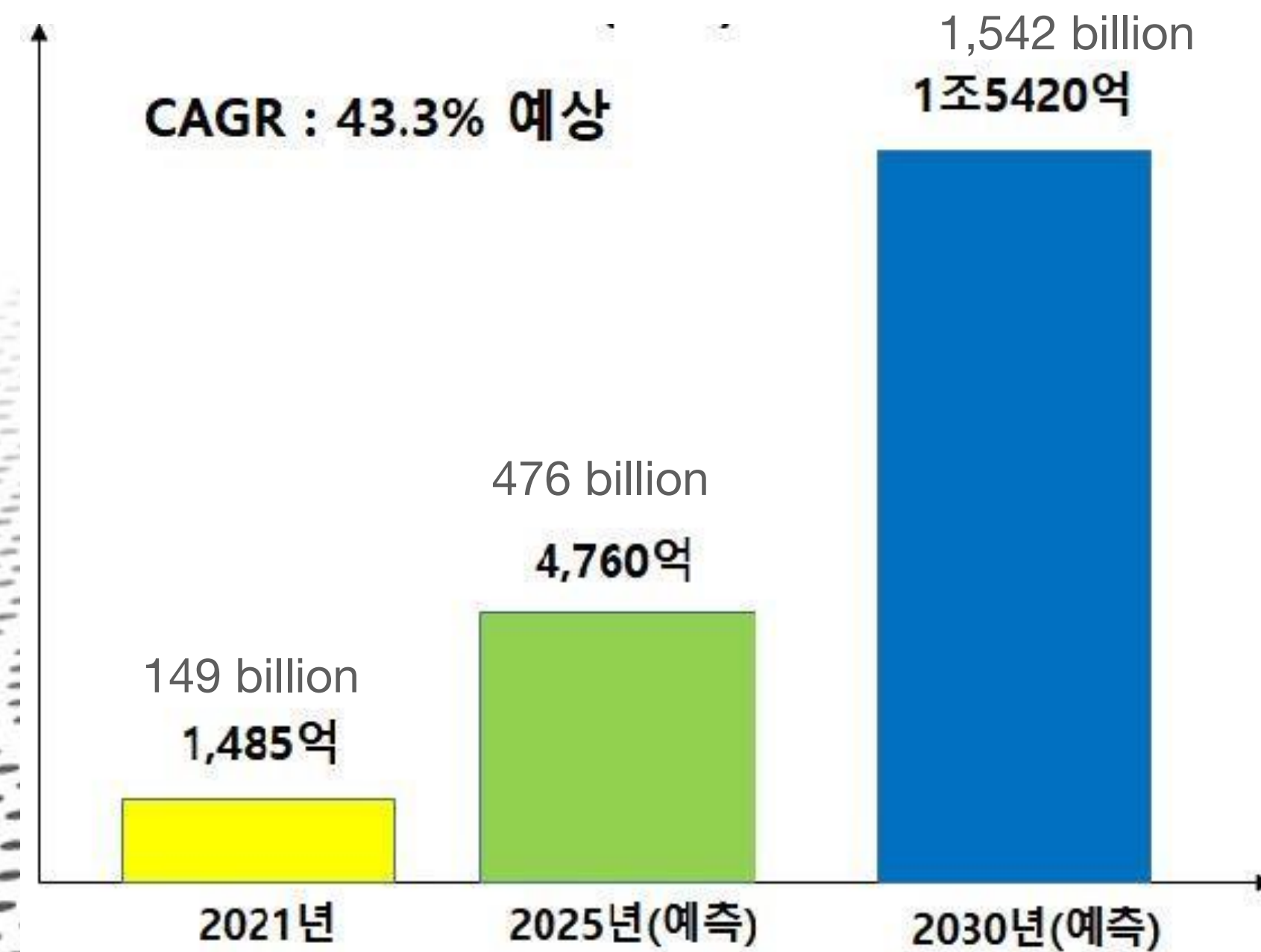
## Motion sensor

Technology used to change images according to the direction a person is looking.

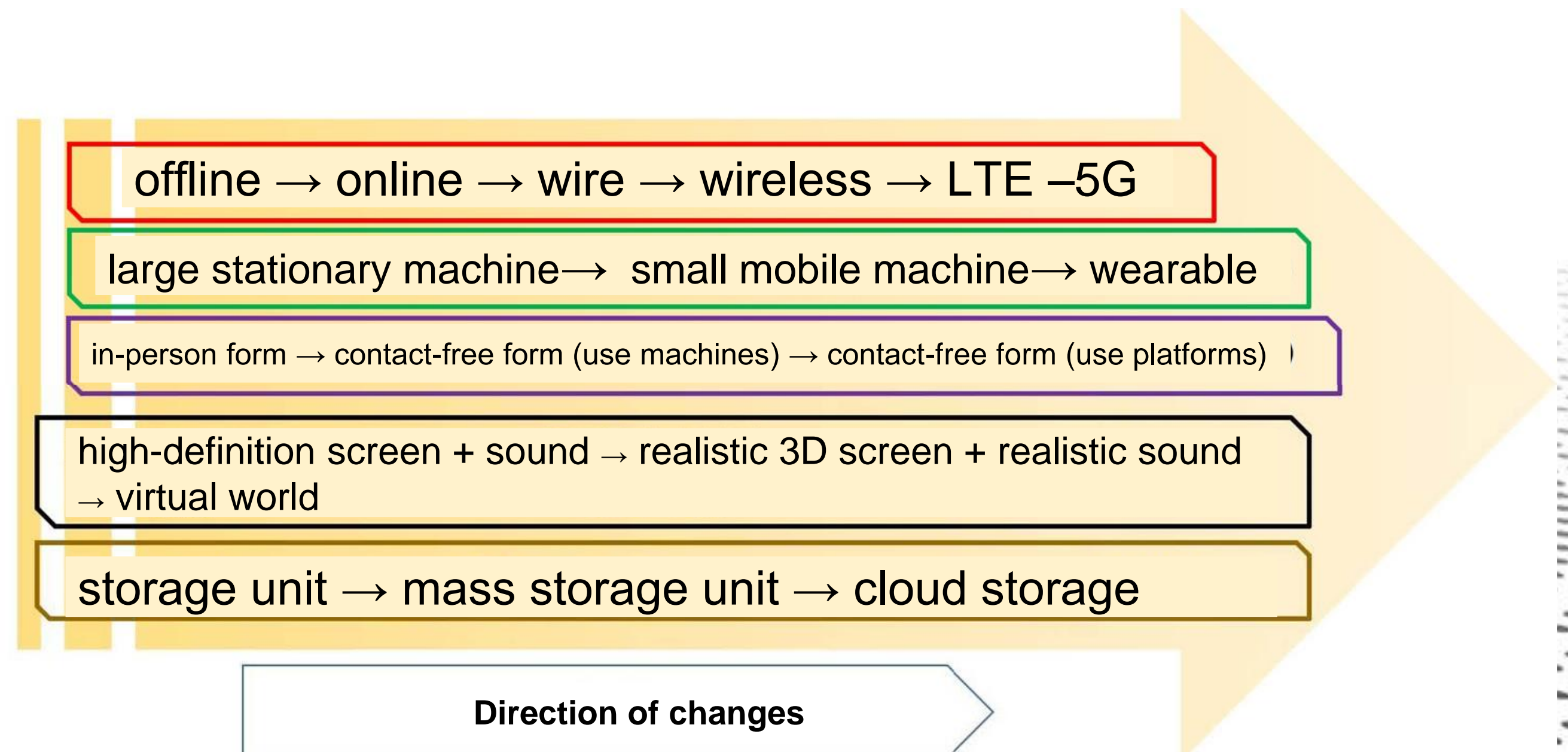
Consisting of gyro sensor and acceleration sensor, it changes the direction of images and regulates speed according to the user's movements.



# Metaverse Outlook



Metaverse market scale prediction (unit: dollars)



Changing trends of metaverse technology



# References

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KDI 경제정보리뷰, <https://eiec.kdi.re.kr/publish/reviewView.do?idx=81&fcode=000020003600005&ridx=7>





Thank you!